

## MYOCARDIAL INFARCTION

Q. A person having heart attack always feels pain and numbness in chest and arm

FACT. heart attack symptoms vary widely and chest pain and numbness are not always present . women in particular do not feel the classic symptoms of heart attack . other symptoms include breathing difficulty , sweating , nausea , vomiting , heart burn , back pain , exhaustion , palpitations.

Q. A young healthy person with good cholesterol level will have heart attack?

FACT. Yes.No one is immune to heart attack , many factors contribute to heart attack risk including genetic make up . Even young person can develop heart attack.

Q . Men and women feel heart attack in same way?

FACT. Both can have classical symptoms of heart attack but females are more likely to develop jaw pain , throat and neck discomfort .

Q. Take an aspirin to stop heart attack is enough?

FACT. No,Aspirin is not the only treatment of heart attack. However if you are not allergic to aspirin then you can take aspirin as soon as u feels symptoms of Heart Attack

Q. People who are thin and exercise Regularly can have heart attack?

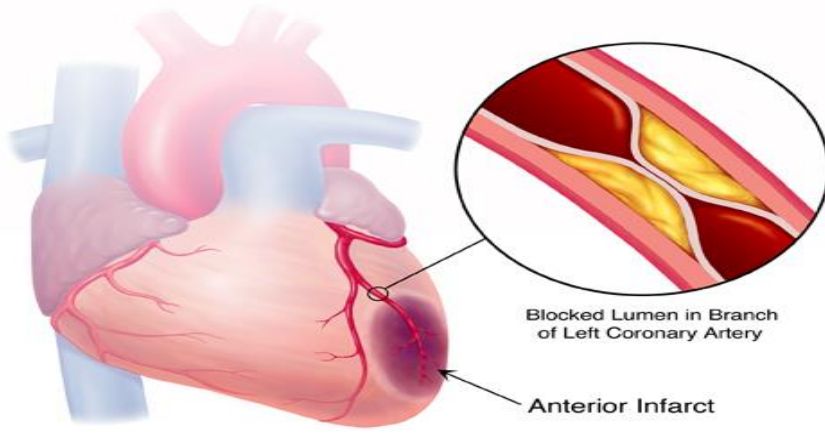
FACT. Yes,Although heart attacks are more common in over weight people , those who are thin and exercise can still be at risk .A family history of heart disease can still lead a seemingly healthy person to have a heart attack.

Q. Heart attack run in my family so is There anything that I can do to prevent it?

FACT . Yes,Heart attacks are largely preventable by managing your risk factors like adapting healthy lifestyle,Regular exercise,Good control of Diabetes mellitus and Blood Pressure

Q. Once you have heart attack ,is it necessary the damage is done?

FACT.No,it is not necessary.it depends on time interval between onset of symptoms and treatment so The sooner you get to a hospital for treatment the more likely Doctor can save your heart muscle



Blocked Lumen in Branch  
of Left Coronary Artery

Anterior Infarct